Does Public Opinion Affect the Preferences of Foreign Policy Leaders? Experimental Evidence from the UK Parliament

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Scholars continue to debate whether public opinion in democracies influences the foreign policy preferences of their leaders. We intervene into this literature through a survey experiment in which we asked 101 British members of Parliament (MPs) for their views about the UK military presence in the South China Sea. Using random assignment, some of the MPs received information from a public opinion poll about this issue. MPs who received the polling information, compared with those who did not, voiced opinions closer to those of the public. This finding advances the state of knowledge because we uncover causally identified evidence and employ a realistic research design (we surveyed policy makers of a global power using real public opinion data about an active policy issue). Our study suggests that leaders respond to public opinion, which has implications for theories about democratic responsiveness and the impact of domestic audiences on foreign policy.

n a democratic society, one might expect elected policy makers to seek out and incorporate the opinions of their citizens. Consistent with this view, scholars demonstrate a reasonable degree of congruence between public and elite opinion across a variety of policy issues—including in foreign policy (Holsti 2004; Page and Shapiro 1992). Yet, critics argue that such an alignment is likely to be a result of citizens incorporating the views of elites rather than elites incorporating the views of citizens (Berinsky 2009; Howell and Pevehouse 2007). Thus, the impact of mass opinion might not be causal but instead epiphenomenal to elite decision-making. Of course, the arrow can logically go both ways: public opinion might affect policy making, and the reverse might also be true (Kertzer and Zeitzoff 2017). But from an empirical stand-

point, it remains difficult to dismiss the strong critique that public opinion is primarily endogenous to or driven by elites.

Our research makes an empirical intervention into this debate by providing much-needed evidence about the causal effect of public opinion on policy maker opinion. We hypothesize that *information about public opinion will shift policy maker opinion in the direction of what the public favors.* In testing this hypothesis, we focus on national security policy, an area in which leaders typically enjoy considerable latitude and might be especially likely to discount public opinion. Observational studies argue that foreign policy informs voter choice, and popular foreign policies are more likely to succeed; hence, leaders care about mass support for foreign policy.² However, causal evidence remains elusive.

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Replication files are available in the *JOP* Dataverse (https://dataverse.harvard.edu/dataverse/jop). The empirical analysis has been successfully replicated by the *JOP* replication analyst. An appendix with supplementary material is available at https://doi.org/10.1086/719007.

- 1. See Guisinger and Saunders (2017) for a sophisticated take on elite foreign policy cues.
- 2. On foreign policy voting, see Aldrich, Sullivan, and Borgida (1989) and Gartner, Segura, and Barratt (2004). Flores-Macias and Kreps (2013) show how domestic support affects war financing, which, in turn, affects policy success. See also, more generally, Gelpi and Grieco (2015).

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To assess whether public opinion influences policy maker opinion in this domain, we conducted a survey experiment in the United Kingdom in partnership with the polling company YouGov-UK. We asked YouGov to embed an experiment into a survey of current members of Parliament (MPs) in the UK House of Commons. In all, 101 MPs read and responded to a question about the UK naval military presence in the South China Sea. Using random assignment, some of the MPs were also given information about a public opinion poll that we conducted on the same issue, while other MPs did not receive the polling data.³ Because we collected the public opinion data before administering the MP survey, and randomly assigned those data to only a subsample of the MPs, we can isolate the effect of public opinion from other confounding factors. We increased the realism of the research by administering the survey in a relevant global power, using real public opinion data on a salient foreign policy scenario.

To preview our findings, the data show that MPs who received the polling information, compared with those who did not, expressed viewpoints that more closely matched public opinion. The UK public prefers continuing Britain's military presence in the South China Sea, and MPs who learn about this are more likely to support continuing that presence. This result suggests that, at least in a democracy, leaders pay heed to the opinions of their citizens. Elites might still shape public opinion, but our evidence rebuts the viewpoint that the causal arrow only goes one way. This finding has implications for theories about democratic responsiveness and the domestic sources of foreign policy, as we discuss in the conclusion.

RESEARCH CONTEXT AND DESIGN

As noted, we contracted YouGov-UK to field an online survey of 101 current MPs in the UK House of Commons (out of a total of 650 elected MPs). The survey was conducted in September 2019. MPs were presented with a vignette about the UK military presence in the South China Sea and then were asked whether they believe the United Kingdom should "cease" or "continue" with military operations in those waters. Using random assignment, some of the MPs were also shown the results of a recent public opinion poll on the same issue, the results of which had not yet been published.⁴

To obtain the public opinion data, we asked YouGov to poll the British public in August 2019, before the MP survey.

By a large margin, the public favored continuing military operations in the South China Sea: 48% of the public believed that the United Kingdom should continue, while only 20% said the United Kingdom should cease. The remaining 32% answered "other" or "don't know." These results were presented to MPs in the treatment group.⁵

Four main features of our research design heighten the realism and significance of our study. First, we surveyed sitting MPs instead of elites who are only loosely tied to decision-making, such as members of think tanks or segments of the public that approximate "elites." Indeed, British MPs participate in high-level policy deliberations, and many of the country's cabinet ministers—its top policy makers—are also elected MPs.⁷

Second, we surveyed policy leaders of a major power. The United Kingdom is the world's sixth largest economy, has a sizable nuclear arsenal, and is an important member of NATO as well as a veto-wielding permanent member of the UN Security Council. The foreign policy preferences of British MPs are thus likely to substantially affect global politics.

Third, rather than an imaginary situation, we used a real scenario relating to current events. By doing so, we aimed to ensure that any potential effect of public opinion would not result from the lack of real-world implications or from the fact that the MPs simply had no other information on which to base their opinions other than the polling data we provided them. To elaborate, since 2018, the United Kingdom has joined the United States in conducting freedom of navigation exercises in contested waters of the South China Sea. During the months leading up to our survey, this was a central issue in UK-China relations and an important topic in public debates about UK defense policy (Maidment 2019). In terms of publicly available surveys, at the time of our study, polling had been conducted about British views toward China in general but not the issue of the South China Sea specifically (see, e.g., Rogers de Waal and Huppert 2019). Thus, we considered this issue salient enough to be politically relevant but not so salient that there would be an abundance of polling on the issue at the time.

Finally, we informed our elite respondents with real public opinion data instead of hypothetical data. In part, this design choice followed YouGov's ethical guidance on surveying its policy maker panel. Using real polls, however, further enhances the study's external validity.

^{3.} Polls are an important source of public opinion information that is both sought out by leaders and brought to leaders' attention by advocacy groups (Dutwin 2019; Hager and Hilbig 2020).

^{4.} In terms of sampling, we used a block randomization design (on political party and gender) to help reduce residual variance and increase statistical power.

^{5.} The full survey text can be found in the appendix.

^{6.} Yarhi-Milo, Renshon, and Kertzer (2018), however, do find similarities in public opinion and elite opinion in some foreign policy domains.

^{7.} YouGov relies on a thorough quality-control process to certify that the MPs themselves, rather than their staff, complete the survey (see the appendix).

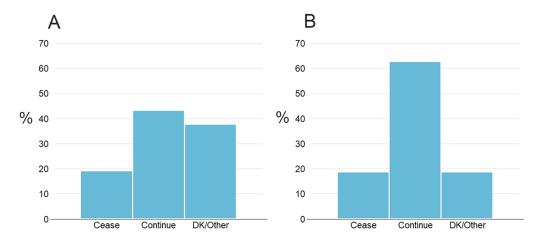


Figure 1. Distribution of MP opinions on the UK military presence in the South China Sea, depending on whether the MPs were given information about their citizens' opinions: A, not given polling information (control group); B, given polling information (treatment group). The public favored continuing the military activities by a 28-point margin.

In comparing our research design with existing scholar-ship, we can identify only one published study (Tomz, Weeks, and Yarhi-Milo 2020) that experimentally tests the effect of public opinion on the opinions of elected elites in the domain of foreign policy. The authors presented members of the Israeli Knesset with hypothetical public opinion data about an imaginary scenario, randomizing as follows: 75% of voters either support/oppose and have started demonstrating for/against a particular Israeli foreign policy. The authors estimated the difference in elite support across these scenarios to be 16 percentage points. Because we survey leaders of a global power using a nonhypothetical scenario and real public opinion data, we complement Tomz et al. while also making a novel contribution beyond their study.

RESULTS AND DISCUSSION

Our survey data clearly demonstrate that public opinion influences policy maker opinion. To begin, figure 1 plots the descriptive results between the treatment and control groups. Among the MPs who did not receive information on the public opinion poll, about 19% believed the United Kingdom should cease military activity in the South China Sea, 43% preferred continuing such activities, and the remaining 38% said they did not know or had an "other" opinion. In contrast, when informed about public opinion, about 19% still believed the United Kingdom should cease activity, but the percentage of those who advocated continuing the military exercises jumped

to 63%, while the percentage of those stating "don't know/ other" fell to about 19%.

The data reveal that elite preferences move toward public opinion. The public favored continuing military maneuvers by a 28-point margin, and when leaders were given this information, a sizable proportion of them shifted their attitudes. The effects are substantively meaningful and statistically significant at the .10 level.

The answer to whether public opinion has a causal effect on policy elites is thus clearly yes. But why does such an effect exist? While our research design is not tailored to answer this question, our results offer some initial insight. The fact that the overall change in MP opinions resulted from a drop in those responding "don't know/other," together with the fact that the percentage of those opposing military exercises stayed about the same, implies several possible (not mutually exclusive) interpretations. First, mass opinion primarily affects elites who do not already hold strong views on the matter. From this perspective, those stating "don't know/other" are malleable elites. Second, some politicians hold preexisting views but are unwilling to express them without knowing that the public is on their side. This implies that elites responding "don't know/other" are not malleable in their views but are unwilling to admit their policy position without the legitimacy that comes from siding with the public. Either way, both interpretations imply that public opinion might not sway leaders with staunch views; however, public opinion can move leaders with less entrenched beliefs and can "legitimate" a particular side of the policy debate, enabling those holding a concurring viewpoint to publicly say so.

One might also wonder whether our findings reflect demand or acquiescence effects—that is, the MPs may have felt they must take into account public opinion in responding to

^{8.} Other studies examine this question in domestic policy (e.g., Butler and Nickerson 2011).

^{9.} We further discuss this comparison in the appendix. Using a design like Tomz et al.'s (2020), Lin-Greenberg (2021) tests the effect of public opinion on military leaders.

the survey. Theoretically, however, the bias could go in the opposite direction, as leaders may have an incentive to signal they are not easily movable by the whims of public opinion (see Foyle 1999). Empirically, scholars have also found that demand bias is difficult to generate in the survey setting (Mummolo and Peterson 2019). To address this concern head-on, we used a realistic scenario rather than a hypothetical one, and we offered all respondents a full paragraph of background information. This should have allowed respondents to draw from their own experience and the provided information to form their opinion, instead of just relying on the experimental treatment.

IMPLICATION

We find that information about public opinion influences policy maker opinion. When shown the results of a public opinion poll, British MPs are more likely to express views congruent with those of the public. The British public, on balance, favors continuing the UK military operations in the South China Sea, and when this is revealed, British MPs voice greater support for such operations as well.

Our study broadly supports models of democracy that view leaders as directly responsive to citizen opinion. Concerning foreign policy specifically, our findings bolster a range of domestic theories of international relations, which explore the impact of domestic audiences on international security affairs and the global economy (e.g., Milner and Tingley 2016; Tomz and Weeks 2013). Observational studies suggest that, at a minimum, public opinion in democracies works as a constraint on foreign policy elites, setting the parameters within which policy makers may operate, including for military intervention (see, e.g., Baum and Potter 2015; Sobel 2001). These studies typically connect domestic opinion to state behavior, whereas our study provides direct evidence of a critical link in the causal chain. Ultimately, therefore, this article advances our understanding of democratic constraint and responsiveness.

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